

# WEEKEND LIFE

## LESSONS IN NATURE, LIFE

Excerpt from *One Last Cast* **G12**



## FLOWER POWER

Wallpaper with impact **G8**

CALGARY HERALD SATURDAY, MAY 27, 2017

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Phil Brian is brewery operations manager at Last Best Brewing Company of Calgary, which brings the Berry Light Berliner Weisse to the cross-country beer collaboration. **TED RHODES/FILES**

**FOUR WINDS BREWING COMPANY, DELTA, B.C.**  
**Brent Mills, brewmaster and co-founder**  
**Central City collaboration beer:** Left of the Divide IPA  
**Favourite Canadian beer:** Impossible question! But I currently would say Saison du Tracteur by Le Trou du Diable (Shawinigan, Que.).  
**Why Canadian beer rocks:** Canadian craft brewers continue to push boundaries and be progressive while staying committed to quality.  
 ■ fourwindsbrewing.ca

**LAST BEST BREWING & DISTILLING, CALGARY**  
**Phil Brian, brewery operations manager**  
**Central City collaboration beer:** Berry Light Berliner Weisse  
**Favourite Canadian beer:** In the cellar, Singularity by Driftwood (Victoria). In the fridge, Grasshopper by Big Rock (Calgary).  
**Why Canadian beer rocks:** I've got a couch to crash on in every blink-and-you'll-miss-it town from Tofino to Halifax. Price of accommodation? One 6-pack.  
 ■ lastbestbrewing.com

**BLACK BRIDGE BREWERY, SWIFT CURRENT, SASK.**  
**Clayton Stenson, brewer and co-founder**  
**Central City collaboration beer:** Wide Open Spaces Kellerbier  
**Favourite Canadian beer:** So many great options it would be unfair to narrow it down to just one.  
**Why Canadian beer rocks:** See last question.  
 ■ blackbridgebrewery.ca

**HALF PINTS BREWING COMPANY, WINNIPEG**  
**Chris Young, brewmaster**  
**Central City collaboration beer:** Land of Rice & Honey Saison  
**Favourite Canadian beer:** My next one. Or Nectarous from Four Winds (Delta, B.C.).  
**Why Canadian beer rocks:** I believe in old-school tradition, new-age innovation and extreme seasonal weather changes are the major driving forces behind what makes Canadian beers so great.

# COLLABERATION

Unique 12-pack celebrates Canada's 150th along with its quality craft brews, writes **Jan Zeschky**.

Gary Lohin is in Washington, D.C., praising Canadian craft beer.  
 "Everyone used to say B.C. was like, five or 10 years behind the States. It's not like that any more. We don't have as many breweries as they do but the quality is as good as anywhere in the States," says the brewmaster of Surrey, B.C.'s Central City Brewers + Distillers, who's talking over the phone from the annual Craft Brewers Conference.  
 "I'm drinking all of these American beers and I wouldn't say I'm underwhelmed, but the fact is I'm exposed to such good beers in Canada that none of the American beers are standing out any more. We've definitely caught up, and we're right up there with anybody in the world."  
 Lohin should know. He spent a good part of the first few months of 2017 inviting brewers from across Canada to brew with him in celebration of the country's 150th birthday.  
 Together with Lohin, the 12 brewing teams

— one from each province and territory with a brewery — each dreamed up a recipe for a beer that evoked their part of the country. For some beers, the ingredients as well as the brewers had to be shipped out.  
 "We shipped ingredients from PEI, honey and hops; we shipped white spruce tips from Ontario; we shipped wild rice from Manitoba," Lohin said.  
 "Some are normal recipes, others are crazier... the spruce tip-peach beer was bizarre. It actually worked, I don't know how, but it did."  
 The result is a unique 12-pack of beer — the Red Racer Across the Nation Collaboration — which draws inspiration and flavours from across the country, and which is expected to be available in a majority of provinces before the end of May.  
**Here's a rundown of the breweries that took part, and some of the brewers' thoughts on Canadian craft beer.**

**BEAU'S ALL NATURAL BREWING COMPANY, VANKLEEK HILL, ONT.**  
**Kevin James, brewer**  
**Central City collaboration beer:** Upper Reaches Pale Ale  
**Favourite Canadian beer:** The IPA by Wild Rose Brewery (Calgary), though I haven't had a chance to have it in a long time.  
**Why Canadian beer rocks:** Like many parts of the world, there are great people making it.  
 ■ beaus.ca

**MICROBRASSERIE LE TROU DU DIABLE, SHAWINIGAN, QUE.**  
**Stéphane Thibodeau, brewer**  
**Central City collaboration beer:** Bouclier Canadien Pilsner  
**Favourite Canadian beer:** Moralité by Le Dieu du Ciel (Montreal). I could drink that beer forever.  
**Why Canadian beer rocks:** Each area right now has its own craft brewery and the quality and the creativity are outstanding.  
 ■ trouduable.com

**PICAROONS TRADITIONAL ALES, FREDERICTON**  
**Sean Dunbar, owner**  
**Central City collaboration beer:** Restored Hop(e) ESB  
**Favourite Canadian beer:** Dry-hopped Bitter by Granite Brewery (Halifax)  
**Why Canadian beer rocks:** Canadians need their beer to be great, and that makes us brewers try really, really hard to put great beer out there.  
 ■ picaroons.ca

**PRINCE EDWARD ISLAND BREWING COMPANY, CHARLOTTETOWN**  
**Chris Long, head brewer**  
**Central City collaboration beer:** Bière d'ici Honey Ale  
**Favourite Canadian beer:** Saison by Four Winds (Delta, B.C.)  
**Why Canadian beer rocks:** For the same reason that craft beer is great everywhere. It's an expression of local tastes brewed by local people.  
 ■ peibrewingcompany.com



The collaboration team from Shawinigan, Que.-based Le Trou Du Diable, Surrey, B.C.-based Central City Brewers + Distillers and Delta, B.C.-based Four Winds Brewing on the Red Racer Across the Nation Collaboration. From left: Stéphane Thibodeau and André Trudel (Le Trou Du Diable), Gary Lohin, Zak Plowright, Corey Jarvis

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# BREWED WITH PRIDE, PASSION

BEER FROM G7

**GARRISON BREWING COMPANY, HALIFAX**

**Daniel Girard, brewmaster**  
**Central City collaboration beer:** "New" Scottish Ale  
**Favourite Canadian Beer:** I don't have a favourite Canadian beer, but I really like what is produced nationally. I enjoy fresh beer of all styles, brewed either in a traditional or non-traditional way.  
**Why Canadian beer rocks:** I believe that Canadian breweries have embraced successfully the craft brewing revolution that started years ago in the U.S. I appreciate the passion and need for product innovation encountered by most of my fellow brewers.  
 ■ garrisonbrewing.com

**QUIDI VIDI BREWING COMPANY LTD., ST. JOHN'S**

**Einar Holtet, brewmaster**  
**Central City collaboration beer:** Hop To The East Hefeweizen  
**Favourite Canadian beer:** If I'm allowed to pick my own, Quidi Vidi Mummer's Brew, a deliciously malty amber altbier that was quite literally designed to be my favourite beer, period. If I'm not allowed to pick my own,

Traditional Ale by Big Rock (Calgary) — the delicious old standby from my younger days in Alberta.  
**Why Canadian beer rocks:** Well, obviously, because it's made by people that rock. Canada is amazing and Canadians are amazing. We are proud, ambitious, daring innovators, and it is no secret that we love our beer. Canadian pride and passion goes into our brews and that's worth more than any centuries-old purity law.  
 ■ quidividibrewery.ca

**YUKON BREWING, WHITEHORSE**

**Jonathan Zaugg, head brewer**  
**Central City collaboration beer:** Swift Currant Dark Ale  
**Favourite Canadian beer:** It's hard to pick one, but our Lead Dog Ale and Yukon Holiday, along with the Rundlestone Session Ale at the Grizzly Paw Pub in Canmore, Alta. are on my list.  
**Why Canadian beer rocks:** Canadian beer rocks because of our distinct seasons, particularly our hard winters. We love making beer styles for any weather and occasion.  
 ■ yukonbeer.com



Central City Brewers + Distillers' Gary Lohin, left and Zack Plowright with Prince Edward Island Brewing Company's head brewer Chris Long. CENTRAL CITY BREWERS + DISTILLERS

**NORTHWEST TERRITORIES BREWING COMPANY, YELLOWKNIFE**

**Fletcher Stevens, head brewer and owner**  
**Central City collaboration beer:**

Miner's Refresh Grissette  
**Favourite Canadian beer:** Honey-moon Baby by Four Winds (Delta, B.C.) and Brassneck Brewery (Vancouver)  
**Why Canadian beer rocks:** Our

country is full of diverse and interesting people, a cultural mosaic with many creative palates.  
 ■ nwtbrewingco.com  
 twitter.com/jantweets

HOROSCOPE



GEORGIA NICOLS

**All signs:** After 5:30 a.m. today, it's clear to shop and do business. The Moon is in Cancer.  
**Aries (March 21 – April 19)**  
**Today:** Life continues to go at a busy pace for you because you're eager to talk to others and enlighten them about your ideas. Home and family will draw your attention, particularly a female relative.  
**Sunday:** Think twice before you make any important purchases or financial decisions because you might be confused by wishful thinking. Yes, wishful thinking is a wonderful thing, but it's tricky when it comes to spending money, isn't it?  
**This week:** This is a fast-paced week. On Sunday, your dealings with others, especially siblings, will be difficult. Don't push too hard because you will just be frustrated. After Sunday's challenge, you face an exciting week. It will be easy for you to make practical plans, especially regarding travel and further education. Relations with partners and close friends continue to be warm and rewarding. Take advantage of this pleasant week to shop for wardrobe goodies.  
**Taurus (April 20 – May 20)**  
**Today:** Money continues to be your strong focus. However, a conversation with a sibling, relative or neighbour is significant. You might also need to write, study or read something important.  
**Sunday:** Your sensitivity to others is strong because your antenna are really picking up signals. This is why you feel a bit dreary today. It's also why you feel sympathetic to someone.  
**This week:** On Sunday you might feel frustrated financially speaking. You might quarrel with someone about finances or possessions. Things will be difficult. Fortunately, this is your toughest day of the week. By Monday, this strain is relieved and things begin to hum along quite nicely for you. Quite likely, you will be more involved in behind-the-scenes activities or doing something quietly by yourself.  
**Thursday** is an excellent day to do some long-range planning about finances and shared property.  
**Gemini (May 21 – June 20)**  
**Today:** With both the Sun and

are out there with your colours flying. Today, however, your focus is on finances, cash flow, earnings and possibly major purchases.  
**Sunday:** Your Spidey sense is really working today, which is why you might second-guess others and almost anticipate what they want or what they are thinking. You might also be more willing to put the wants and needs of others before your own.  
**This week:** This is a strong week for Gemini because both the Sun and fiery Mars are in your sign. Take it easy on Sunday, because you might be at odds with partners and close friends. Things will be difficult. But after that, it's a great week! You are enthusiastic and also fortunate because favourable situations and important people will be attracted to you. Expect to meet unusual people and encounter friends and groups. Someone older will be helpful.  
**Cancer (June 21 – July 22)**  
**Today:** The Moon is in your sign, which will heighten your emotional response to others. Lately, you've been more low key than usual because you prefer to work alone or behind the scenes. (Plus this continues to be the time for you to set goals for your new year ahead — birthday to birthday.)  
**Sunday:** A conversation with a friend will be mutually sympathetic, which is why this is a good day to get together with someone to discuss their problems or perhaps confide some of your own concerns. Either way, people are willing to listen. Including you.  
**This week:** This week you continue to do things behind the scenes because you're playing everything low key. Fear not — that's just how it should be. Nevertheless, after Sunday, this is quite an easy week for you; you will make a great impression on bosses, parents and VIPs. In fact, this impression is so positive, some of you will strike up a romance with a boss or someone in a position of power. Mid-week make serious plans that can solidify things at work for you. Likewise, you can do something to improve your health.  
**Leo (July 23 – Aug. 22)**  
**Today:** You're popular right now. In fact, many of you are involved in a competition (perhaps physical) or you are up against someone else for some reason. However, you might want to pull in your reins a bit. Good day to regroup.  
**Sunday:** Discussions with bosses and people in authority might take a personal turn. The lines between authority and your personal business might be blurred. You might be surprised to find out an authority figure really cares.  
**This week:** Relations with friends and groups are a bit sticky on Sunday, but the rest of the week will be a fun, social time for Leos. To begin with, you feel friendly to others and keen to socialize. You might also compete with some-

that are unusual and stimulating will please you. Mid-week you can make gains in publishing, the media, medicine, the law and higher education.  
**Virgo (Aug. 23 – Sept. 22)**  
**Today:** Just a reminder that with the Sun shining a flattering spotlight on you at this time, people in authority think you are great, which means this is your time to advance your agenda. A conversation with a female acquaintance will be significant.  
**Sunday:** Because your appreciation of beauty is heightened, give yourself a chance to enjoy beautiful places like museums, art galleries, parks and gorgeous, architectural buildings. You will also enjoy profound discussions about philosophy, religion and heady subjects.  
**This week:** You continue to be high visibility to everyone, especially bosses, parents and VIPs. Furthermore, they admire you now, which is why you should take advantage of this and do anything to advance your cause. Ask for what you want because the likelihood that you will get it is great. Plus, your ambition is aroused. These two factors mean that this is the time to go for the gold. Unexpected gifts, goodies and favours from others will come your way this week, especially at the end of the week.  
**Libra (Sept. 23 – Oct. 22)**  
**Today:** Travel anywhere will appeal to you because you are hungry for a change of scenery. You want adventure, you want beautiful rooms, excellent service, great restaurants and stimulating conversation.  
**Sunday:** You will be more than generous if you have to decide how to share something or divide an inheritance because you feel sympathetic to others, especially if they are less fortunate than you. On the other hand, don't give away the farm.  
**This week:** This is a fabulous time to travel because you're hungry to see new places and feel stimulated by new environments. Even short trips will please you because essentially, you need a change — that's all. This week will hold a few surprises with partners and close friends. Mid-week, you might make solid plans for the future with someone or get advice from someone older. By the end of the week, unexpected invitations to socialize will be stimulating. New friends and new faces will be part of the program.  
**Scorpio (Oct. 23 – Nov. 21)**  
**Today:** Change your routine. Do something different. Shake it up a little to satisfy your urge for a few thrills. Who wants to stand around getting dusty? Not you. Of course, disputes about shared property and inheritances are still likely.  
**Sunday:** This is a good day for an important discussion with partners and close friends because there will be a mutual give-and-take and a genuine concern for each other's welfare

listen to each other with genuine interest.  
**This week:** Two broad areas are your primary concern this week. The more mundane focus is to do with shared property, taxes, debt, inheritances and insurance issues. For some reason, you are involved in dealing with things other people own. You might have disputes about ownership, debt or the division of labour or expenses. Your other primary focus is quite different. It's passionate and sexy! Your sex drive is pumped now and you might be involved with someone of an age difference. You almost certainly will have surprise opportunities for memorable dalliances.  
**Sagittarius (Nov. 22 – Dec. 21)**  
**Today:** Because fiery Mars is opposite your sign at this time, you have to be patient with close friends and partners. It just means you have to watch your knee-jerk reaction and your tendency to be blunt. Yes, you. You are endearing, breezy, fun-loving and blunt.  
**Sunday:** You might not feel like working too hard. If so, find a good excuse to relax. Nevertheless, avoid heated discussions midday about shared property, possessions, taxes, debt and inheritances. This danger period is brief but lurking.  
**This week:** Relations with partners and close friends will be challenging on Sunday. Cut everyone some slack, including yourself. Don't make a big deal about anything. Fortunately, the rest of the week is a charmer. By mid-week, you might want to make travel plans for the future or use that same energy to make practical plans about any creative project, sports event or child-related activity.  
**Capricorn (Dec. 22 – Jan. 19)**  
**Today:** The Moon is directly opposite your sign, which means you have to be more accommodating with others. This simply requires a bit of grace, patience and style. Because you are aware of the impression you create on others, you can do this.  
**Sunday:** On the whole, it's a pleasant, easygoing day. You want others to have a good time; and of course, you want to have a good time too. Just be careful about a heated exchange with a partner or close friend at some point midday. Try to sidestep this.  
**This week:** Basically, your drive to get better organized and feel like you are on top of things continues to be strong this week. Give life everything you've got because Mars will help you. Many of you are driven to get organized at work at this time. Nevertheless, it's also a great time to redecorate where you live and to entertain at home. In fact, next weekend is a great time for spontaneous, impromptu get-togethers where you live. Family events will be fun and different.  
**Aquarius (Jan. 20 – Feb. 18)**  
**Today:** This is a playful time for Aquarians. Many of you are on

time to get better organized. Get rid of some stuff you don't need. Pull your act together. You'll love yourself for whatever you do — and every little bit helps.  
**Sunday:** Family discussions will go well because people are mutually sympathetic. This is the kind of day where it's easy to imagine what it's like to walk a mile in someone else's wedges. Nevertheless, someone might be upset about the division of labour or doing too much work.  
**This week:** This continues to be fun city for Aquarius simply because you are putting vacations, pleasure and entertainment at the top of your list. Many of you are involved in sports events and also enjoying playful activities with children. Furthermore, your sense of competition is strong. Accept invitations from others to socialize because this is the perfect time to do so.  
**Pisces (Feb. 19 – March 20)**  
**Today:** Even though you are super focused on home, family and your private life, you want to play! Sports events, the arts, musical performances, playful activities with children and romantic diversions will all tempt you to have fun. And why not?  
**Sunday:** You will spend a lot of time daydreaming because Mercury is dancing with your ruler Neptune. Just accept this and go with the flow. We all have days when it's fun to be lost in fantasy. They generate conversations that are like two ships that pass out in the night.  
**This week:** Life is still about family and getting on top of your home scene for many of you. This could be because of residential moves or major changes at home. Many of you are more involved with a parent than usual. Sunday is a poor day for encounters with parents and bosses. Keep a low profile. Fortunately, the rest of the week is great. It looks like there's lots of activity that will impact your earnings. You might get a raise or a gift. You might have a new money-making idea or want to check out a job.  
**If your birthday is today:** Physicist Lawrence Krauss (1954) shares your birthday. You are active and curious. You always have a positive slant on life. This year focuses on family, loved ones and close friends. These relationships will be warm and close. You will experience success and financial accumulation in the next three years. That's why it is wise to settle your debts this year. This is also a social year that also deals with the results of last year's changes.  
**If your birthday is Sunday:** Singer Kylie Minogue (1968) shares your birthday. You are entertaining, which is why people are attracted to you. Nevertheless, you need your alone time. Many of you will be a student or teacher this year because your capacity for research and understanding is at its best. This will not be a

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